BIPOC MENTORSHIP PROGRAM

Black, Indigenous, People of Colour

A FORMAL, EVIDENCE-BASED PROGRAM THAT SUPPORTS RESPECTFUL AND INDIVIDUALIZED MENTORSHIP FOR BIPOC MIDWIFERY STUDENTS.

for mentor or mentee applications email BIPOCmentor@ryerson.ca

WHAT ARE THE BENEFITS OF MENTORSHIP?

Participation does not preclude or replace the services or supports offered by NACM, school unions or clubs, trimentoring programs or university academic supports.

1 PROFESSIONAL/CAREER DEVELOPMENT

Get support from your mentor to achieve desired career goals and objectives.

3 **EMOTIONAL SUPPORT** Build a mutually respectful and trusting relationship to engage in cultural and emotional supports. **RESOURCE SHARING** Receive and share information relevant to your professional development and the midwifery profession.

4

2

ACADEMIC SUPPORT Gain additional learning strategies, drills and tips to support your learning.

"Mentoring may provide essential and crucial elements for students of color to succeed academically and serve as an excellent intervention to better ensure the success of ethnically diverse students entering health professions such as midwifery." - Valentin-Welch, 2016

> for mentee applications email BIPOCmentor@ryerson.ca